# Latino Behavioral Health Institute P.O. Box 1008











**Latino Behavioral** 



**Health Institute - LBHI** 



17<sup>th</sup> Annual **Latino Conference** 



September 14, 15, 16, 2011





















**"Advancing Latino** From Margin to **Mainstream**\*\*









**Wilshire Grand Hotel** 930 Wilshire Blvd. Los Angeles, CA







# CONFERENCE PROGRAM

### **CONFERENCE**

# September 14, 2011 - Wednesday

Registration begins at 7:00 a.m. Conference 8:00 a.m. - 5:00 p.m.

Ed Viramontes - LBHI Board Member - Welcome

# **Principal Speaker**

# Henry Acosta, MA, MSW, LSW

Executive Director, National Resource Center for Hispanic Mental Health, and Chair, Alliance for Latino Behavioral Health Workforce Development

# Gustavo Loera, EdD

Director of Educational Research and Development

Mental Health America of Los Angeles

"Alliance for Latino Behavioral Health Workforce Development: A National Movement in the Making"

# **Plenary Speaker**

# Matthew Mock, PhD

Professor of Psychology/Private Practice, John F. Kennedy Univer-

"Latinos in Film: Mirrors of the Past, Forecasting of the Future"

# Lunch on your own

# **Concurrent Workshops**

Gangs: What Are They? Who Are They? Why Are They? How Do They Think and Feel? And A Strategic Model for Reducing Violence

Ron Noblet, BA

**Collectivist Based Building Healing Connections With Clients.** Minimizing Burnout and Completing Work Requirements **Psycho Education Materials** 

Jose Cardenas, PsvD

Issues in Alcohol and Substance Abuse Among Older Adults José C. Salazar, MPH, PhD

**Building Healing Connections With Clients. Minimizing Burn**out and Completing Work Requirements Christopher Camilleri, MD

Treating Depression in Spanish Speaking Parents: A CBT Group Psychotherapy Approach

Teresa C. Celada, PhD and Oscar A. Denoso, PhD

Empoderando a Los Grupos de Apoyo a Traves del Entrenamiento en Liderazgo (Spanish Session) Julio Celada, MD

# Networking

# **Concurrent Workshops**

Addressing the Mental Health Concerns of Latino University Students

Gustavo Loera, EdD

Free the Limitations Created from Identity, Projection and **Pride Through Drumming** 

Steven Angel

**Problem Gambling Prevention and Treatment Services for the Latino Community** 

Terri Sue Canale and Michael Campos, PhD

Assessment of Acculturation Related Stressors Among Latino Adolescents: Findings From the Hispanic Stress Inventory (Adolescent Version)

Richard C. Cervantes, PhD

Partnering to Reduce Depression in Diabetes and Other Chronic Diseases

Javier Iribarren, MSW, PsyD; Roberto Belloso, MPh and Rita Juarequi, MD

**Bureau of Primary Health Care: The Health Center Program** Sonsy Fermin, CDR and Israel Garcia

Psicoterapia en Grupo: Sus Principios Basicos y Su Utilidad Trabajando con Chicanos y Latinos (Spanish Session) Regina Armas, PhD, CGP and Carlos Canales, PsyD, CGP

# CONFERENCE

# September 15, 2011 -Thursday

Registration begins at 7:00 a.m. Conference 8:00 a.m. - 5:15 p.m.

Larry Gasco, PhD - LBHI Board Member - Opening Comments

# **Principal Speaker**

Westley Clark, MD, JD, MPH, CAS, FASAM

Director of the Center for Substance Abuse Treatment (SAMHSA)

"National Substance Abuse Services for Latinos"

# **Concurrent Workshops**

**Evidence Based Treatments for Latinos with Schizophrenia** Alex Kopelowicz, MD

Preventing Child Maltreatment in High Risk Latino Communities: Model Adaptation, Implementation and Lessons Learned Lana O. Beasley, PhD and Jane Silovsky, PhD

U.S. Mexico Border: Bridging the Gap Between Drug Supply Reduction Strategies and Drug Demand Reduction Strategies to **Build Healthy Latino Communities** 

Chilo Madrid, PhD, LCDC, MAC, CCJAP and Guillermo Valenzuela, BA

Group Psychotherapy: Its Basic Principles and Usefulness in Working with Chicanos and Latinos

Regina Armas, PhD and Carlos Canales, PsyD

Treating Trauma Within a Cultural/Social Latino Context Via **Learned Confidence Therapy** 

Jose Cardenas, PsyD

¿Cómo Utilizar Los Valores Culturales en Familias Latinas Durante Las Sesiones en TF-CBT? (Spanish Session) Lisette Rivas-Hermina, MS

Lunch on your own

# **Concurrent Workshops**

Exercising Community Collaboration, Sustainability and Leadership to Impact the New Generation of Youth and Promote Community Interdependence

Wenli Jen, EdD

Clinical Profiles of Latina Teens Who Attempt Suicide: Looking at Lethality, Behaviors, and Psychiatric Diagnoses Carolina Hausmann-Stabile, MA, LMSW

Latina Transgender Attitude and Perception Towards Law Enforcement

Alejandrina Jurado, MSW

**Creative Strategies for Increasing Interest and Awareness of** Behavioral Health Professions Among Latino Youth: An Overview and Interactive Dialogue

Henry Acosta, MA, MSW, LSW

The State of Aging and Health Among Older Latinos in Los **Angeles** 

Laura Trejo, MSG, MPA

Consecuencias de salud por eventos traumáticos y estrategias de manejo entre mujeres hispanas que utilizan drogas

(Spanish Session)

lbis S. Carrión-González, PsyD and Miguel Cruz, MS

"We cannot seek achievement for ourselves and forget about progress and prosperity for our community... Our ambitions must be broad enough to include the aspirations and needs of others, for their sakes and for our own."

Cesar E. Chavez

### Continued

# **Networking**

# **Concurrent Workshops**

Mental Health Promotion in the Latino Community: Bienvenido Program

Gilberto Peréz, MSW and Virginia Rondero-Hernández, PhD

**Culturally-Modified Trauma Informed Treatment for Latino Youth and Families** 

Michael DeArellano, PhD; Simone Barr, PhD and Cristina Maria López, PhD

What Does the Mental Health Services Act's Vision for a Culturally Competent Workforce Mean?

Jesse Herrera, LCSW, Michelle O'Neal, MPA; Liz Miles, MSW and Adrienne Shilton-Panel Moderator, MPPA

Addressing the Nation's Behavioral Health Workforce Crisis for Latinos

Henry Acosta, MA, MSW, LSW and Gustavo Loera, EdD

Using Cognitive Behavioral Therapy to Treat Post-Traumatic Stress Disorder in an Immigrant Mexican Female: A Case Study Report

Raquel Halfond, MA; Stephanie Wolf, MS, JD and Rosalie Corona, PhD

Closing the Addiction Treatment Gap Alliance in Puerto Rico: A Multisectorial Approach to a Complex Health Problem

Angel Gonzalez, MD, FASAM and Glorimar Caraballo Correa, MS

Pandillas Hispanas/Latinas en EE.UU (Spanish Session)

Victor Flores, MC, LAC and Lecroy Rhyanes, Jr, MFA

# **CONFERENCE**

# September 16, 2011 - Friday

Registration begins at 7:00 a.m. Conference 8:00 a.m. - 2:30 p.m.

Alex Kopelowicz, MD - LBHI President - Opening Comments

**Principal Speaker** 

Teresa Chapa, PhD

Senior Policy Advisor, Mental Health Office of Minority Health

"Elimination of Behavioral Health Disparities for Latinos: A Plan for Improving Overall Care and Achieving Health Equity...Or Steps Towards Achieving Equity"

Networking

**Concurrent Workshops** 

Lost in Translation, Improving Access: Removing Language Barriers

Lidia Gamulin, LCSW; Luis A. Tovar, MPA and Lourdes Campbell

School Violence: Managing the Threat Tony Beliz, PhD and Maria Luz Martinez, MSW

Transition to Manhood Through Nueroplasticity and Mindful Ritual Circuitry: The Jovenes Integral Youth (JIY) Program Juan Garcia, PhD, LMFT and Cheryl Chancellor-Freeland, PhD

Assessing the Cultural Sensitivity of EBPs with Latinos in a Community Mental Health Clinic

Veronica Chavez, PsyD, Teresa Celada, PhD and Danusia Nedilskyi, PhD

Approaches in Mental Health: Movement-Expression to Explore Otherness in Latinos(as) While Holding the Diverse Paradox Rosa Granadillo-Schwentker, PhD, RDMT

La Alianza Para Reducir la Insuficiencia de Tratemiento de Adicción en Puerto Rico: Aportación Intersectorial Para Abordar Un Problema Complejo

Angel Gonzalez, MD, FASAM and Glorimar Caraballo Correa, PhD, MS

**Hosted Lunch, Awards and Closing Remarks** 

Alex Kopelowicz, MD - LBHI President

**HONOREE: Richard Zaldivar** 

LATINO BEHAVIORAL HEALTH INSTITUTE

September 14 - 16, 2011

17th Annual Conference

Registration Form

Participant Information

"Advancing Latino Behavioral Health: From Margin to Mainstream"

Full Name	Print clearly
Affiliation/Organization Name	
Street Address	
City	State Zip
Phone	Fax
E-mail (requested for registration of	confirmationl)
☐ CME/CE/CEU REQUEST	License Number
License: MD/DO PhD/F	PsyD
Registration Fees	
3 Day Conference September OR  Daily Attendance - check date(s) (2 m	
O Wednesday, September	14 \$75.00
O Thursday, September 15	\$75.00
O Friday, September 16	\$75.00
Tota Complimentary continental breakfas Payment Information	•
O Check#	— Payable to LBHI
O VISA O Master	Card O Discover
Credit Card # Exp. Date	3-Digit Code
Signature	
O Purchase Order (attach purc	chase order to completed registration form
Contact Name	
Contact Phone	
MAKE CHECK PAYARI	E TO LBHI AND MAIL TO:

IAKE CHECK PAYABLE TO LBHI AND MAIL TO P.O. BOX 1008, Thousand Oaks CA, 91360 FAX: 818-713-9995

LBHI Tax ID Number: 931195514

Written request for refunds must be postmarked by September 1, 2011.

A \$25 administrative fee will be assessed.

No refund requests will be honored after September 1, 2011.

On-Line Registration available on website: www.lbhi.org

Dear Friends,

The 17<sup>th</sup> annual conference program offers some 40 workshops and 4 plenary sessions. The workshops cover life span issues and various aspects of Latino mental health, substance abuse, health and related topics. The conference features national and well known presenters specializing in Latino services, research, training and advocacy. This is the premier Latino behavioral health conference in the country and is a must for individuals and agencies involved in serving the Latino community.

Issues covered during the three day conference pertain to practitioners, administrators, researchers, educators, family members, consumers, and other Latino stakeholders. Additionally, the conference affords networking opportunities with professionals, paraprofessionals, family members and others from across the country.

Join us in honoring the outstanding contributions of Mr. Richard Zaldivar, director of The Wall Las Memorias Project. Mr. Zaldivar has been at the forefront of numerous Latino community issues including HIV, Alcoholism, Substance Abuse, and Advocacy of Latino rights.

Register now!! We look forward to meeting you during this most important conference.

Sinceramente,

Ambrose Rodriguez

# **Conference Goals**

- Disseminate cultural competence information on Latino Behavioral Health. This information is based in practice and science.
- 2. Promote the dialogue between consumers, family members and providers of service and researchers in Latino Behavioral Health.

Latino Behavioral Health Institute is an approved provider of continuing education for the following:

- California Association of Alcoholism and Drug Abuse Counselors, Provider No.: 2C-01-465-2013
- •California Board of Behavioral Science, Provider No.: PCE2166

Latino Behavioral Health Institute is also approved by the California Board of Registered Nursing, Provider No.: CEP13387 for 12 contact hours.

# 



Richard Zaldivar is the founder and executive director of The Wall Las Memorias Project, a nonprofit organization dedicated to promoting wellness and preventing illness among Latino populations affected by HIV/AIDS. Combining HIV/AIDS education and prevention, sensitivity to the

spiritual needs and religious beliefs of it clients and supporters, and a commitment to social justice, The Wall under Zaldivar's leadership has been in the forefront of the fight against HIVAIDS in Los Angeles and beyond.

As executive director, he oversees programs that reach out to Latino populations in the Los Angeles area, including men who are gay, bisexual and MSM, communities of faith and the general public. The Wall Las Memorias Project is noted for several highly visible endeavors, including construction of the nation's first publicly funded AIDS monument in the U.S., hosting of Strike Out AIDS, the first-ever AIDS awareness day at Dodger Stadium, and leadership in the fight against crystal meth amphetamine use.

A native of Los Angeles, Zaldivar began his career in public service at the age of 17 when, as president of a local youth group, he organized community meetings to help youth learn more about issues such as substance abuse, develop leadership skills and get involved in their community. He went on to work in the office of legendary City Councilman Art Snyder as a field deputy, carrying on that tradition of community service for many years. It was there that he led and coordinated the effort to save Cathedral High School from closure and demolition.

He later served as a community liaison for then Los Angeles City Attorney James K. Hahn. At the same time, he organized youth and senior citizen support groups, and co-produced a local radio talk show. In recognition of his leadership skills, he was elected as one of the youngest appointees to the National Democratic Convention Platform Committee in 1980, participating in the Latin America Foreign Policy subcommittee.

It was his vision and singular voice that organized and led a community to fight city hall and prejudice to construct the nation's first publicly-privately funded AIDS monument.

The 2011 Latino Behavioral Health Institute (LBHI) Conference will be held at the Wilshire Grand Hotel, Los Angeles

930 Wilshire Blvd., Los Angeles, CA 90017, Tel: (213) 688-7777

Room Reservations A block of rooms have been reserved for LBHI attendees at a discount rate.

Rooms rate is \$110 + tax. <u>Deadline to receive this special rate is August 24, 2011</u> Parking: Daily conference parking rates for attendees are currently \$12.00 per car.

There is no self-parking. Parking also available at the Ernst & Young parking lot across street for \$9.

